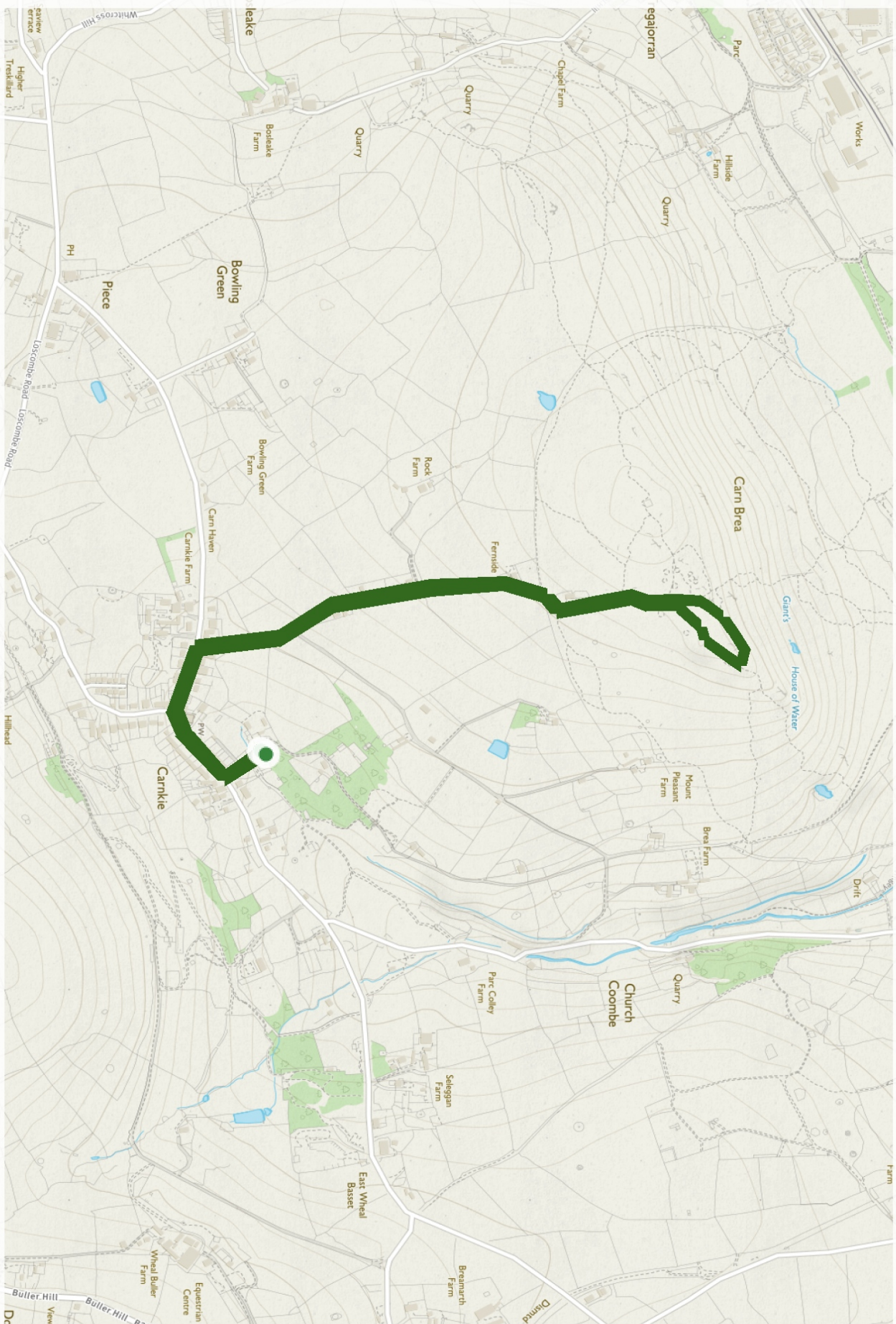




Route Information

Route Name Carn Brea Trail 4

Route Summary

Total Distance	1.73mi (2.78km)	Walk	41min
Elevation	524.61ft at lowest point	Run	23min
	700.79ft at highest point	Cycle	16min
Total Ascent	262.47ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	SW 687 400	0.00mi	50° 12' 54" N	5° 14' 32" W	524.61ft
Dist to next: 0.05 mi					
40	SW 687 400	1.73mi	50° 12' 54" N	5° 14' 32" W	524.61ft